

# RECIPE ALLERGEN SUMMARY

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
Sweet & Sour Quorn	•		•											
All purpose Seasoning									•					
Aloo Keema Curry	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Apple Pie					•		•							
<i>Contains: Gluten (Wheat)</i>														
Apricot Oaty Crumble					•									
<i>Contains: Gluten (Oats, Wheat)</i>														
Baked Beans														
Baked Tomatoes														
Banana Muffin			•		•		?							
<i>Contains: Gluten (Wheat)</i>														
Banana Sponge			•		•		?							
<i>Contains: Gluten (Wheat)</i>														
Banoffee Cheesecake			?		•		•						?	•
<i>Contains: Gluten (Wheat)</i>														
BBQ Chicken Drumstick														
BBQ Chicken Drumstick (HALAL)														
BBQ Chicken Pizza			•		•		•						•	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
BBQ Chicken Pizza (HALAL)			•		•		•						•	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Bean Goulash							•							
Bean Hot Pot with Cheesy Sliced Potatoes	•				•		•						•	•
<i>Contains: Gluten (Barley, Wheat)</i>														
Bean Hotpot	•				•		•						•	
<i>Contains: Gluten (Barley, Wheat)</i>														
Bean Stew	•	○	○	○	○	○	○	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Beany Pasta Bake					•		•							
<i>Contains: Gluten (Wheat)</i>														
Beef & Onion Pie	•			•	•								•	
<i>Contains: Gluten (Barley, Wheat)</i>														
Beef & Onion Pie (HALAL)	•			•	•								•	
<i>Contains: Gluten (Barley, Wheat)</i>														
Beef Bolognaise					•									
<i>Contains: Gluten (Wheat)</i>														
Beef Burrito				•	•		•							
<i>Contains: Gluten (Barley, Wheat)</i>														
Beef Burrito (HALAL)				•	•		•							
<i>Contains: Gluten (Barley, Wheat)</i>														

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	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
<b>Beef Lasagne</b>					•		•		•					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Beef Lasagne (HALAL)</b>					•		•		•					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Beef Moussaka</b>				•	•		•		•					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Beef Pattie Pie</b>				•	•									
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Beef Pattie Pie (HALAL)</b>				•	•									
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Bread</b>			•		•		•						•	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Breaded Fillet Fish</b>				•	•									
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Cabbage</b>														
<b>Caramelised Onion Quiche</b>	○	○	•	○	•	○	•	○	○	○	○	○	○	○
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Caribbean Chicken</b>				•	•									
<i>Contains: Gluten (Barley)</i>														
<b>Caribbean Chicken (HALAL)</b>				•	•									
<i>Contains: Gluten (Barley)</i>														
<b>Carrot &amp; Swede</b>														
<b>Carrot Cake</b>			•		•									
<i>Contains: Gluten (Wheat)</i>														
<b>Carrot Cake Topping</b>														
<b>Carrots</b>														
<b>Cauliflower &amp; Broccoli Cheese</b>					•		•		•					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Cauliflower &amp; Broccoli Crunch</b>					•		•		•					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Cauliflower Cheese</b>					•		•		•					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Cheese &amp; Onion Pinwheels</b>			•		•		•		•					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Cheese &amp; Potato Pie</b>							•							•
<b>Cheese &amp; Tomato Flan</b>			•		•		•							
<i>Contains: Gluten (Wheat)</i>														
<b>Cheese &amp; Tomato Omelette</b>	•	○	•	○	○	○	•	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Cheese &amp; Tomato Pinwheel</b>			•		•		•							
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														

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	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
<b>Cheese &amp; Tomato Pizza</b>			•		•		•						•	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Cheese &amp; Tomato Quiche</b>			•		•		•							
<i>Contains: Gluten (Wheat)</i>														
<b>Cheese &amp; Vegetable Pasta Bake</b>					•		•							
<i>Contains: Gluten (Wheat)</i>														
<b>Cheese Sauce</b>					•		•		•					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Cheesy Veggie Pasta</b>					•		•							
<i>Contains: Gluten (Wheat)</i>														
<b>Chick Pea Curry</b>							•						•	
<b>Chicken &amp; Broccoli Pasta Bake</b>					•		•		•					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Chicken &amp; Sweetcorn Pie</b>					•									
<i>Contains: Gluten (Wheat)</i>														
<b>Chicken &amp; Sweetcorn Pie (HALAL)</b>	•				•								•	
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Chicken Burritos (HALAL)</b>				•	•		•							
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Chicken Curry</b>					?									
<i>May contain: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Chicken Curry (Copy)</b>					?									
<i>May contain: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Chicken Curry (HALAL)</b>					?									
<i>May contain: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Chicken Fajitas</b>				•	•		•							
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Chicken Goujons</b>			•		•									
<i>Contains: Gluten (Wheat)</i>														
<b>Chicken Korma</b>					?		•							
<i>May contain: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Chicken Korma (HALAL)</b>					?		•							
<i>May contain: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Chicken Pizza</b>			•		•		•						•	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Chicken Pizza (HALAL)</b>			•		•		•						•	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Chicken Sausages</b>					•									•
<i>Contains: Gluten (Wheat)</i>														
<b>Chilli Con Carne</b>					?									
<i>May contain: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Chilli Con Carne (HALAL)</b>														

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	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
<b>Chinese Noodles</b>	○	○	○	○	●	○	○	○	○	○	○	○	●	○
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<i>Missing data: Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Chips</b>														
<b>Choc Muffin</b>			●		●		●							●
<i>Contains: Gluten (Wheat)</i>														
<b>Choc O Beet Muffin</b>			●		●		●							●
<i>Contains: Gluten (Wheat)</i>														
<b>Chocolate Crispy Cake</b>					●									●
<i>Contains: Gluten (Barley)</i>														
<b>Chocolate Crunch</b>			●		●									
<i>Contains: Gluten (Wheat)</i>														
<b>Chocolate Cup Cakes</b>			●		●		?							
<i>Contains: Gluten (Wheat)</i>														
<b>Chocolate Fudge Cake</b>			●		●		●							
<i>Contains: Gluten (Wheat)</i>														
<b>Chocolate Orange Cake</b>			●		●									
<i>Contains: Gluten (Wheat)</i>														
<b>Chocolate Sauce</b>							●							
<b>Coconut Biscuits</b>	○	○	○	○	●	○	○	○	○	○	○	○	○	●
<i>Contains: Gluten (Oats, Wheat)</i>														
<i>Missing data: Gluten (Barley, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Coconut Rice</b>														
<b>Coconut Sponge Cake</b>			●		●									●
<i>Contains: Gluten (Wheat)</i>														
<b>Cornflake Crunchies</b>					●									●
<i>Contains: Gluten (Barley)</i>														
<b>Cottage Pie</b>			?		●		?							●
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Cottage Pie (HALAL)</b>	●				●								●	●
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Creamy Fish Pie</b>	○	○	○	●	●	○	●	○	●		○	○	○	○
<i>Contains: Gluten (Wheat)</i>														
<b>Creamy Mushroom Tagliatelle</b>	○	○	○	○	●	○	●	○	○	○	○	○	○	○
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Creamy Rice Pudding</b>							●							●
<b>Crispy top veggie pie</b>	○	○	○	○	○	○	●	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Crunchy Cookie</b>					●		?							
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Crunchy Flapjack</b>					●		?							
<i>Contains: Gluten (Barley, Oats, Wheat)</i>														

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	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
<b>Crunchy Fruit Crumble</b>					●									
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Custard</b>							●							
<b>Danish Dream Cake</b>			●		●		●							●
<i>Contains: Gluten (Wheat)</i>														
<b>Denise's Beef Curry</b>														
<b>Denise's Butterscotch Tart</b>	○	○	○	○	●	○	●	○	○	○	○	○	○	○
<i>Contains: Gluten (Barley, Wheat)</i>														
<i>Missing data: Gluten (Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Denise's Ginger Cake with Caramel Icing</b>			●		●		●							
<i>Contains: Gluten (Wheat)</i>														
<b>Denise's Mushroom Flan</b>			●		●		●							
<i>Contains: Gluten (Wheat)</i>														
<b>Denise's Salmon &amp; Spinach Tart</b>	○	○	●	●	●	○	●	○	●	○	○	○	○	○
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<i>Missing data: Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Easter Yum Yum</b>			●		●		?							
<i>Contains: Gluten (Wheat)</i>														
<b>Emma's Carrot Cake</b>			●		●		?							
<i>Contains: Gluten (Wheat)</i>														
<b>Emma's Cinnamon Palmier</b>					●									
<i>Contains: Gluten (Wheat)</i>														
<b>Emma's Creamy Oven Baked Chicken</b>	○	○	○	○	●	○	●	○	●	○	○	○	○	●
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Emma's Lemon Drizzle Sponge</b>			●		●									●
<i>Contains: Gluten (Wheat)</i>														
<b>Five Spiced Chicken Drumsticks</b>					●		●						●	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Flaky Biscuit</b>					●		?							
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Fluffy Rice</b>														
<b>French Chicken Cassoulet</b>	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>French Chickpea Ratatouille</b>					?									
<i>May contain: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Fresh Broccoli</b>														
<b>Fruit Jelly</b>														
<b>Fruit Muffins</b>			●		●		●							
<i>Contains: Gluten (Wheat)</i>														
<b>Fruit Shortbread</b>					●									
<i>Contains: Gluten (Wheat)</i>														

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<b>Fruit Trifle</b>			●		●	○	●							○
<i>Contains: Gluten (Wheat)</i>														
<b>Fruity Crispy Cakes</b>					●									●
<i>Contains: Gluten (Barley)</i>														
<b>Fruity Flapjack</b>					●		?							
<i>Contains: Gluten (Oats, Wheat)</i>														
<b>Fruity Shortbread</b>					●									
<i>Contains: Gluten (Wheat)</i>														
<b>Fruity Sponge</b>			●		●									
<i>Contains: Gluten (Wheat)</i>														
<b>Fudge Topping</b>							●							
<b>Gingerbread</b>			●		●		●							●
<i>Contains: Gluten (Wheat)</i>														
<b>Golden Oaty Cookie</b>					●		?							
<i>Contains: Gluten (Oats, Wheat)</i>														
<b>Greek Spanakopita</b>					●		●							
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Green Pepper &amp; Sweetcorn Pizza</b>			●		●		●						●	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Hakim's Beef Bourguignon</b>									●					●
<b>Half Jacket Potato</b>														○
<b>Ice Cream</b>					●		●						●	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Iced Bun</b>					●							?		
<i>Contains: Gluten (Wheat)</i>														
<b>Iced Carrot Cake</b>			●		●									
<i>Contains: Gluten (Wheat)</i>														
<b>Iced Lemon Sponge</b>			●		●									●
<i>Contains: Gluten (Wheat)</i>														
<b>Iced Peach Sponge</b>			●		●									
<i>Contains: Gluten (Wheat)</i>														
<b>Indian Beef Bhuna</b>	○	○	○	○	○	○	○	○	●	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Indian Vegetable Biryani</b>	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Italian Potato Bake</b>							●							●
<b>Italian Tuna Pasta</b>				●	●									
<i>Contains: Gluten (Wheat)</i>														
<b>Jam Tart</b>					●									●
<i>Contains: Gluten (Wheat)</i>														
<b>Jelly Delight</b>							●							
<b>Jenny's Jam &amp; Coconut Sponge</b>	○	○	●	○	●	○	○	○	○		○	○	○	●
<i>Contains: Gluten (Wheat)</i>														

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Jenny's Leek & Mushroom	○	○	○	○	●	○	●	○	●	○	○	○	○	●
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Jenny's Peach Upside Down Cake			●		●									
<i>Contains: Gluten (Wheat)</i>														
Jenny's Pizza Pinwheel			●		●		●							
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Jenny's Sag Aloo Parcels			●		●				●					
<i>Contains: Gluten (Wheat)</i>														
Jenny's Spicy Veggie Bakes			●		●		●							
<i>Contains: Gluten (Wheat)</i>														
Jenny's Vegetable Biryani									●					
Jerk Chicken														
Jerk Chicken (HALAL)														
Jerk Seasoning														
Jollof Rice														
Lamb Lasagne					●		●		●					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Lamb Lasagne (HALAL)					●		●		●					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Lamb Moussaka				●	●		●		●					●
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Lamb Moussaka (HALAL)				●	●		●		●					●
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Lemon Cheesecake			?		●		●						?	●
<i>Contains: Gluten (Wheat)</i>														
Lisa's Beef Lasagna	○	○	●	○	●	○	●	○	●	○	○	○	○	○
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<i>Missing data: Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Lisa's Chicken Lentil & Spinach Curry					?									
<i>May contain: Gluten (Barley, Oats, Rye, Wheat)</i>														
Lisa's Chinese Chicken Curry	○	○	○	○	●	○	○	○	●	○	○	○	●	○
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Lisa's Creamy Chicken & Mushroom Pie			●		●		●							
<i>Contains: Gluten (Wheat)</i>														
Lisa's Ginger & Lemon Sponge			●		●		●							●
<i>Contains: Gluten (Wheat)</i>														
Lisa's Minced Beef & Onion Pie	○	○	○	○	●	○	○	○	○	○	○	○	○	○
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<i>Missing data: Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Lisa's Roasted Vegetable Plait					●		●							
<i>Contains: Gluten (Wheat)</i>														

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<b>Lucy's Apple Sponge</b>			•		•									
<i>Contains: Gluten (Wheat)</i>														
<b>Lucy's Apple Strudel</b>			•		•									
<i>Contains: Gluten (Wheat)</i>														
<b>Lucy's Chocolate Brownie</b>			•		•		?							
<i>Contains: Gluten (Wheat)</i>														
<b>Lucy's Fruity Treacle Sponge</b>			•		•		?							•
<i>Contains: Gluten (Wheat)</i>														
<b>Lucy's Jam Sponge</b>	○	○	•	○	•	○	○	○	○	○	○	○	○	•
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Lucy's Vegetarian Quiche</b>			•		•		•							
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Lucy's Veggie Sausages Roll</b>			•		•		•							
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Macaroni Cheese</b>					•		•		•					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Maltese Quiche</b>	○	○	•	○	•	○	•	○	○	○	○	○	○	○
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Mango Cheesecake</b>	○	○	○	○	•	○	•	○	○	○	○	○	•	○
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Marble Sponge</b>			•		•									
<i>Contains: Gluten (Wheat)</i>														
<b>Margherita Pizza</b>			•		•		•						•	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Mashed Potato</b>														•
<b>Meatballs</b>			•		•									
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Meatballs (HALAL)</b>			•		•									
<i>Contains: Gluten (Wheat)</i>														
<b>Meatloaf</b>			•		•									
<i>Contains: Gluten (Wheat)</i>														
<b>Meaty Pasta Bake</b>				•	•		•							
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Meaty Pasta Bake (HALAL)</b>				•	•		•							
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Mediterranean Pasta Bake</b>					•		•							
<i>Contains: Gluten (Wheat)</i>														
<b>Mediterranean Tart</b>	○	○	○	○	•	○	•	○	○	○	○	○	○	○
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<i>Missing data: Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														



# RECIPE ALLERGEN SUMMARY

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
<b>Mexican Beef Fajita</b>	●	○	○	○	●	○	○	○	○	○	○	○	○	○
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Mexican Rice</b>	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Mild Beef Curry</b>					?									
<i>May contain: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Mild Beef Curry (HALAL)</b>					?									
<i>May contain: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Mix Beans Goulash</b>														
<b>Mixed Bean Chilli</b>					?									
<i>May contain: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Mixed Pepper Quiche</b>			●		●		●							
<i>Contains: Gluten (Wheat)</i>														
<b>Mixed Vegetables</b>														
<b>Moroccan sausage stew</b>	●				●									●
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Mushroom Risotto</b>														
<b>Naan Bread</b>	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Neapolitan Pasta</b>					●		●							
<i>Contains: Gluten (Wheat)</i>														
<b>Neha's Cauliflower &amp; Cheese Nuggets</b>			●		●		●							
<i>Contains: Gluten (Wheat)</i>														
<b>Neha's Cherry Brownie</b>			●		●									●
<i>Contains: Gluten (Wheat)</i>														
<b>Neha's Chicken Curry</b>	○	○	○	○	○	○	●	○	●	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Neha's Fruity Cookies</b>					●		?							●
<i>Contains: Gluten (Oats, Wheat)</i>														
<b>Nigerian Chicken &amp; Jollof Rice</b>	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Oaty Apple Crumble</b>					●									
<i>Contains: Gluten (Oats, Wheat)</i>														
<b>Oaty Fruit Cookie</b>			●		●		?							
<i>Contains: Gluten (Oats, Wheat)</i>														
<b>Orange &amp; Lemon Drizzle Cake</b>			●		●									●
<i>Contains: Gluten (Wheat)</i>														
<b>Orange Cupcake</b>	○	○	●	○	●	○	○	○	○	○	○	○	○	○
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Orange Frosted Carrot Cake</b>			●		●		●							
<i>Contains: Gluten (Wheat)</i>														

# RECIPE ALLERGEN SUMMARY

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
<b>Oriental Stir Fry With Noodles</b>			●		●		●					●	●	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Oven Baked Fish Cakes</b>				●	●		●		●					
<i>Contains: Gluten (Wheat)</i>														
<b>Oven baked fish fillet</b>				●	●									
<i>Contains: Gluten (Wheat)</i>														
<b>Oven Baked Fish Fingers</b>				●	●									
<i>Contains: Gluten (Wheat)</i>														
<b>Oven Baked Red Pepper Risotto</b>	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Oven Baked Red Pepper Risotto</b>	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Oven baked wedges</b>														
<b>Oven Roasted Vegetables</b>														
<b>Pam's Apple Crumble Cake</b>			●		●		●							
<i>Contains: Gluten (Wheat)</i>														
<b>Pam's Beef Goulash</b>														
<b>Pam's Cheese &amp; Onion Roll</b>					●		●		●					
<i>Contains: Gluten (Wheat)</i>														
<b>Pam's Cherry Bakewell Cookie</b>					●									●
<i>Contains: Gluten (Wheat)</i>														
<b>Pam's Pineapple Upside Down Cake</b>			●		●									●
<i>Contains: Gluten (Wheat)</i>														
<b>Pam's Veggie Plait</b>	○	○	●	○	●	○	○	○	○		○	○	○	○
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Parsley Potatoes</b>														●
<b>Pasta</b>					●									
<i>Contains: Gluten (Wheat)</i>														
<b>Pastry</b>					●									
<i>Contains: Gluten (Wheat)</i>														
<b>Peas</b>														
<b>Pepper Pizza</b>			●		●		●						●	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Pilaf Rice</b>														
<b>Pineapple Sponge</b>			●		●									
<i>Contains: Gluten (Wheat)</i>														
<b>Pizza Parcels</b>			●		●		●							
<i>Contains: Gluten (Wheat)</i>														
<b>Pizza Pasties</b>			●		●		●							
<i>Contains: Gluten (Wheat)</i>														
<b>Pork Sausages</b>					●									●
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														

# RECIPE ALLERGEN SUMMARY

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
<b>Potato &amp; Leek Pie</b>					●		●							
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Potato Cake</b>														●
<b>Quorn Bolognaise</b>	●	○	●	○	●	○	○	○	○	○	○	○	●	○
<i>Contains: Gluten (Barley, Wheat)</i>														
<i>Missing data: Gluten (Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Quorn Lasagne</b>	○	○	●	○	●	○	●	○	●	○	○	○	○	○
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<i>Missing data: Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Quorn Risotto</b>			●		●									
<i>Contains: Gluten (Barley)</i>														
<b>Quorn Sausages</b>			●		●		●							
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Red Onion &amp; Cheese Quiche</b>			●		●		●		●					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Ripple Sponge</b>			●		●									●
<i>Contains: Gluten (Wheat)</i>														
<b>Roast Chicken Drumstick</b>	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Roast Chicken Drumstick (HALAL) &amp; Stuffing</b>	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Roast Festive Bake</b>	●		●		●		●							
<i>Contains: Gluten (Wheat)</i>														
<b>Roast Lamb &amp; Mint Sauce</b>														
<b>Roast Potatoes</b>														●
<b>Roast Topside of Beef</b>														
<b>Roast Turkey</b>														
<b>Roast Vegetable Wrap</b>					●		●							
<i>Contains: Gluten (Wheat)</i>														
<b>Roasted Parsnips</b>														
<b>Roasted Vegetable Cottage Pie</b>	●	○	○	○	○	○	○	○	○	○	○	○	○	●
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Roasted Vegetable Pasta Bake</b>					●		●							
<i>Contains: Gluten (Wheat)</i>														
<b>Salmon &amp; Broccoli Pasta</b>				●	●		●		●					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Salmon Nuggets</b>			●	●	●				●					●
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Sharon's Apple Tart</b>			●		●									
<i>Contains: Gluten (Wheat)</i>														
<b>Sharon's Banana &amp; Oatmeal Cake</b>			●		●									
<i>Contains: Gluten (Oats, Wheat)</i>														
<b>Sharon's Beef Hotpot</b>														

# RECIPE ALLERGEN SUMMARY

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
Sharon's Cheesy Risotto							•							•
Sharon's Chicken & Broccoli Tagliatelle	○	○	•	○	•	○	•	○	•	○	○	○	○	○
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Sharon's Chicken & Leek Pie	○	○	•	○	•	○	•	○	○	○	○	○	○	○
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Sharon's Fruity Flapjack					•									•
<i>Contains: Gluten (Oats)</i>														
Sharon's Irish Sheppard Pie	○	○	○	•	•	○	○	○	○	○	○	○	○	•
<i>Contains: Gluten (Barley)</i>														
<i>Missing data: Gluten (Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Sharon's Roasted Cauliflower Cheese					•		•		•					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Sharon's Sticky Ginger Cake			•		•		•							•
<i>Contains: Gluten (Wheat)</i>														
Sharon's Tropical Chicken Curry							•		•				•	•
Shepherd's Pie	•				•								•	•
<i>Contains: Gluten (Barley, Wheat)</i>														
Shepherd's Pie (HALAL)	•				•								•	•
<i>Contains: Gluten (Barley, Wheat)</i>														
Spaghetti Bolognese					•									
<i>Contains: Gluten (Wheat)</i>														
Spaghetti Bolognese (HALAL)					•									
<i>Contains: Gluten (Wheat)</i>														
Spaghetti Bolognese (Lamb)					•									
<i>Contains: Gluten (Wheat)</i>														
Spaghetti Bolognese (Lamb) (HALAL)					•									
<i>Contains: Gluten (Wheat)</i>														
Spanish Omelette			•				•							
Spanish Omelette with Mixed Pepper & Potatoes			•				•							•
Spanish Rice	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Spicy Bean Hotpot	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Spicy Beef Pizza			•		•		•						•	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Spicy Beef Pizza (HALAL)			•		•		•						•	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Spicy Falafel														
Spicy Rice														
Spicy Vegetable Wrap/Mexican Bean Fajita					•		•							
<i>Contains: Gluten (Wheat)</i>														

# RECIPE ALLERGEN SUMMARY

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
Spicy Wedges														○
Spinach & Potato Bake	○	○	○	○	○	○	●	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Spinach & Potato Bake					●		●							
<i>Contains: Gluten (Wheat)</i>														
Spinach & Potato Parcel			●		●		●							●
<i>Contains: Gluten (Wheat)</i>														
Spinach, Feta & Tomato Flan			●		●		●							
<i>Contains: Gluten (Wheat)</i>														
Spring Roll	●		●		●		●						●	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Steamed Jam Sponge			●		●									●
<i>Contains: Gluten (Wheat)</i>														
Steamed Treacle Sponge			●		●									●
<i>Contains: Gluten (Wheat)</i>														
Strawberry Cheesecake			?		●		●						?	
<i>Contains: Gluten (Wheat)</i>														
Strawberry Mousse Cake			●		●		●							
<i>Contains: Gluten (Wheat)</i>														
Summer Vegetable Curry							●							
Suzette's BBQ Chicken	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Suzette's BBQ Chicken Drumstick									●					
Suzette's Jamaican Beef Stew	○	○	○	○	○	○	○	○	○	○	○	○	○	●
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Suzette's Jerk Chicken Drumsticks					●								●	●
<i>Contains: Gluten (Wheat)</i>														
Sweet & Sour Chicken	○	○	○	○	●	○	○	○	○	○	○	○	○	○
<i>Contains: Gluten (Barley)</i>														
<i>Missing data: Gluten (Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Sweet Potato & Chick Pea Curry	○	○	○	○	○	○	●	○	●	○	○	○	●	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Sweet Potato & Feta Roll	○	○	●	○	●	○	●	○	○	○	○	○	○	●
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<i>Missing data: Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Sweet Potato & Lentil Curry							●							
Sweet Potato Curry	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Sweetcorn														
Sweetcorn Pizza			●		●		●						●	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Swiss Tart					●									
<i>Contains: Gluten (Wheat)</i>														

# RECIPE ALLERGEN SUMMARY

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
Teresa's Apple Crunch					•									
<i>Contains: Gluten (Barley)</i>														
Teresa's BBQ Chicken Slice					•		•							
<i>Contains: Gluten (Wheat)</i>														
Teresa's Chocolate Cherry Pinwheel					•									•
<i>Contains: Gluten (Wheat)</i>														
Teresa's Fruity Moroccan Lamb					?		?				?	?	?	•
<i>May contain: Gluten (Barley, Oats, Rye, Wheat)</i>														
Teresa's Sweet Beet Frittata			•				•						•	
Toffee Apple Sponge			•		•									•
<i>Contains: Gluten (Wheat)</i>														
Tomato & Basil Pasta					•									
<i>Contains: Gluten (Wheat)</i>														
Tomato Base Sauce														
Tomato Sauce					•									
<i>Contains: Gluten (Barley)</i>														
Topside Of Beef (HALAL)														
Tuna & Sweetcorn Pasta Bake				•	•		•							
<i>Contains: Gluten (Wheat)</i>														
Tuscan Chicken Pasta					•		•							
<i>Contains: Gluten (Wheat)</i>														
Tuscan Chicken Pasta (HALAL)					•		•							
<i>Contains: Gluten (Wheat)</i>														
Unnamed recipe					•									
<i>Contains: Gluten (Wheat)</i>														
Vanilla Sauce							•							
Vegetable Bhuna														•
Vegetable Bolognaise	•				•								•	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Vegetable Chilli														
Vegetable Chow Mein with Noodles	○	○	○	○	•	○	○	○	○	○	○	○	○	○
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<i>Missing data: Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Vegetable Cottage Pie	•				•								•	•
<i>Contains: Gluten (Barley, Wheat)</i>														
Vegetable Frittata			•				•							
Vegetable Korma					?									
<i>May contain: Gluten (Barley, Oats, Rye, Wheat)</i>														
Vegetable Lasagne	○	○	○	○	•	○	•	○	•	○	○	○	○	○
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<i>Missing data: Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Vegetable Moussaka				•	•		•		•					
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														

# RECIPE ALLERGEN SUMMARY

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
<b>Vegetable Nuggets</b>					●		●							
<i>Contains: Gluten (Wheat)</i>														
<b>Vegetable Pasta Bake</b>					●		●							
<i>Contains: Gluten (Wheat)</i>														
<b>Vegetable Pattie Pie</b>				●	●									
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Vegetable Pie</b>			●		●									●
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Vegetable Stir Fry</b>					●								●	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Veggie Balls</b>	●		●		●		●							
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Veggie Burgers</b>					●							●		
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Veggie Hot Pot</b>	●	○	○	○	○	○	●	○	○	○	○	○	○	●
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Veggie Stir Fry</b>					●								●	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
<b>Veggie Wrap</b>	○	○	○	○	○	○	●	○	●	○	○	○	○	○
<i>Missing data: Gluten (Barley, Oats, Rye, Wheat) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Victoria Sponge</b>			●		●		●							●
<i>Contains: Gluten (Wheat)</i>														
<b>Wedges</b>					●									
<i>Contains: Gluten (Wheat)</i>														
<b>Wendy's Apricot Flapjack</b>					●									●
<i>Contains: Gluten (Oats)</i>														
<b>Wendy's Cherry Cookies</b>	○	○	○	○	●	○	○	○	○	○	○	○	○	●
<i>Contains: Gluten (Oats, Wheat)</i>														
<i>Missing data: Gluten (Barley, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>Wendy's Chinese Chicken</b>			●		●		?					?	?	
<i>Contains: Gluten (Wheat)</i>														
<b>Wendy's Chocolate Crunch</b>			●		●		?							
<i>Contains: Gluten (Wheat)</i>														
<b>Wendy's Chocolate Orange Fudge Cake</b>			●		●									
<i>Contains: Gluten (Wheat)</i>														
<b>Wendy's Crispy Cornflakes Tart</b>					●									●
<i>Contains: Gluten (Barley, Wheat)</i>														
<b>Wendy's Leek &amp; Cherry Tomato Flan</b>	○	○	●	○	●	○	●	○	○	○	○	○	○	○
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
<b>White Sauce</b>	○	○	○	○	●	○	●	○	●	○	○	○	○	○
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														

# RECIPE ALLERGEN SUMMARY

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
Wholemeal Chocolate Cake			●		●		●							●
<i>Contains: Gluten (Wheat)</i>														
Wholemeal Cup Cakes			●		●		●							●
<i>Contains: Gluten (Wheat)</i>														
Yorkshire Pudding			●		●		●							
<i>Contains: Gluten (Wheat)</i>														

- Recipe allergen **missing** data
- Recipe **may contain** allergen
- Recipe **contains** allergen

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